## HOME ARTS CANNING

1. There are two age categories: Junior (9-18) and Senior (19+).

## **CANNING - STATE RECOMMENDATIONS**

Canning following special rules based on safe food preservation guidelines from approved sources such as NCHFP, USU Extension, PNE, USDA, and Ball Canning.

- Fruits
- Berries
- Vegetables
- Juice
- Jam
- Pickles
- Meats/fish
- Catsup/Salsa
- All Other

## **CANNING - GRANDMA'S PANTRY**

Home recipes do not necessarily follow research-tested recipes such as NCHFP, USU Extension, PNE, USDA, and Ball Canning.

- Fruits
- Berries
- Vegetables
- Jellies
- Jam
- Pickles
- Meats/Fish
- Catsup/Salsa
- All Other

	Product:			
	Method:	Water Bath _		Pressure
	Pack: Ho	ot	Raw	
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Example of a label:	Pounds (if pressured)	):	Altitude:	
	Date dial gauge was	last tested:		Date/Year
	Processing Date:	= 10 00	City:	
	Source of Recipe:			

Product:	Product: Water Bath Pressure		
Method: Water Bath Pressure	Pack: Hot Raw		
Pack: Hot Raw	Length of Processing Time:		
Length of Processing Time:	Pounds (if pressured): Altitude:		
Pounds (if pressured): Altitude:			
Processing Date: City:	Processing Date: City:		
Source of Recipe:	Source of Recipe:		
Product:	Product:		
Method: Water Bath Pressure	Method: Water Bath Pressure		
Pack: Hot Raw	Pack: Hot Raw		
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Processing Date: City:	Processing Date: City:		
Source of Recipe:	Source of Recipe:		
Product:	Product:		
Method: Water Bath Pressure	Method: Water Bath Pressure		
Pack: Hot Raw	Pack: Hot Raw		
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Source of Recipe:	Source of Recipe:		